

# From Death To Life

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Purpose: To encourage participants to meditate on the reality of Romans 6 - walking with Christ into his death, and emerging with him into his life.

## Materials Needed:

- Images symbolizing death (tombstones, etc.)
- Scriptures about dying with Christ (Phil 1.21, Rom 6:3, etc...)
- Many Candles
- "Path Markers" (see pictures below for what we used)
- A "closet"
- A chair

## Set Up

- Set up two paths, by use of mats or carpet or paper. One path leads to the "closet," the other leads away from it and ends at a communion table.
- In the middle of the "V" set up the table with the images symbolizing death, the Scripture passages, and the title of the prayer station.
- Mark the two paths with appropriate symbols (our path to death had tomb-stones, candles, and bricks with the names of sins painted on them
- our path of life was lined with candles and bricks with virtues painted on them).
- Make sure the closet door can shut.

## Practice:

- Have participants spend time meditating on the images at the table in the center of the "V." (see picture above)
- Encourage the participants to walk slowly down the "path to death." (see image) As they walk, have them focused on their need to die with Christ.
- After walking along the first path, have them sit in the closet with the door shut. While in the darkness, encourage participants

to actively "die" with Christ.

- Upon emerging from the closet, have participants walk down the "path of life," before moving on to another prayer station, have them take communion and praise God for the reality of new life in Christ.